

	Active Start	Fundamentals		Learn to Train	
Criteria	U5-U6	U7	U8-U9	U10-U11	U12-U13
Season length	14 weeks	16 weeks	16 weeks	16 weeks	16 weeks
Team travel time	Within organization	Within organization	Under 60 minutes each way	Under 60 minutes each way	Under 60 minutes each way
Playing time	Players all play	Fair playing time for all players			
Player-to-coach Ratio	4:1	5:1	6:1	10:1	10:1
Structured Practice Duration	30 minutes	45 minutes	60 minutes	60 minutes	60 minutes
Number of competition days per week	N/A	N/A	1	1	1

Mississauga United FC follows Ontario Soccer Grassroots Standards